

ADULT COURSES

EXPRESSION OF INTEREST FORM



Please select the courses you are interested in attending:

- | | | |
|---|--|--|
| <input type="checkbox"/> Creating healthy menus | <input type="checkbox"/> Mental health awareness | <input type="checkbox"/> Digital skills for everyday life |
| <input type="checkbox"/> Top tips for managing your money | <input type="checkbox"/> Awareness of domestic violence | <input type="checkbox"/> IT for beginners |
| <input type="checkbox"/> Saving money using comparison shopping | <input type="checkbox"/> Introduction to autism | <input type="checkbox"/> Introduction to web design |
| <input type="checkbox"/> Understanding your pay slip | <input type="checkbox"/> Safe use of social media | <input type="checkbox"/> Employment ready |
| <input type="checkbox"/> Managing household budgets | <input type="checkbox"/> Cancer in the workplace | <input type="checkbox"/> Introduction to cardiopulmonary resuscitation (CPR) |
| <input type="checkbox"/> Decluttering | <input type="checkbox"/> Gender diversity and using pronouns | <input type="checkbox"/> Introduction to paediatric first aid |
| <input type="checkbox"/> Hoarding | <input type="checkbox"/> Volunteering | <input type="checkbox"/> Introduction to allergy awareness |
| <input type="checkbox"/> Understanding menopause | | |

For more information on these sessions, please contact **NCLmultiply@ncl-coll.ac.uk**
Our team will contact you with the course start dates once your application is processed.

Name: _____

Home Address: _____

Email Address: _____

Phone Number: _____
