

Our PE Curriculum

Our Vision

At St John's we believe that it is important for all children to understand how sport impacts us and to begin to build and expand on a wide range of techniques, skills and interpersonal links with each other. We strive to integrate a culture which aims to inspire a new and active generation who are fully invested in leading an active and healthier lifestyle in the future. The purpose of our PE curriculum is to enable all children to achieve this by understanding how the themes of fundamentals, team and individual sports, small sided invasion games all contribute towards building a sporting profile. Following these strands, we have identified core knowledge across the units our children need to ensure they are best suited to create sporting mindfulness and varieties in sport.

Curriculum Intent

Our intent is to deliver the national curriculum in such a way that children are able to form a sense of their own identity and make cohesive sense of the vast scope around sport in the north east. The aim of our Physical Education curriculum is to promote physical activity and healthier lifestyles.

Implementation

Our PE curriculum is varied and integrates with a long term plan to ensure we meet the needs of the National Curriculum. We look to develop and consolidate the fundamentals: agility, balance and coordination. These are then used to teach children how to improve various techniques such as running, throwing and catching and are then applied in different formats such as modified games and activities to build the children's knowledge of games in which they can accomplish an end goal. All pupils have two 1 hour slots of PE per week using both indoor and outdoor facilities. All children have equal opportunities to take part in a range of sports and physical activities within a supportive environment where effort as well as success is recognised. Our developed curriculum and methods of delivery enables children to learn and progress but also have access to local but nationally recognised sporting institutes such as Northumberland Cricket Board. Alongside this, local charities such as Hat Trick provide further opportunities for children during lunchtimes and afterschool.

